

NEWS DESK

SOLIDARITY NEPAL

YEAR 1

JULY 2012

ISSUE NO. 3

MONTHLY LETTER

“Development is about transforming the lives of people, not just transforming economies.” – Joseph E. Stiglitz



President's Appeal

The President's office
Solidarity Nepal
Ghattekulo-32, Kathmandu
Bagmati, Nepal



Dear Friends,

I am very pleased with our progress in publishing Monthly Magazine “NEWS DESK” regularly, all credits to publication team.

Solidarity has been part of my life since few years. As you know Solidarity Nepal is an organization of people devoted for Social Transformation in Nepal with Mission Literacy Project. For children, we visit door to door to distribute edibles, uniforms for schooling, educational expenses and stationeries. Besides we also support the Technical Education and IT infrastructure that can be given to the students and teachers in different community school in the remote districts of Nepal.

We were able to conduct multifarious projects last month which were thought to be virtually impossible. The gigantic efforts and commitments of members especially Executive Members and Sponsors made them all possible. Food Distribution Program, Stationery Materials Distribution Program, Financial & Technical support to the helpless children and elderly people of different Rehabilitation Centers, Orphan Houses and Children Centers in Kathmandu, Bhaktapur and Lalitpur districts of Nepal.

Supporting hands and perpetual mentoring form Advisory Board is the greatest asset for us for the successful completion of projects.

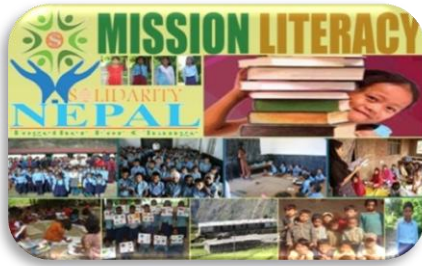
Friends are very rare jewel, indeed. They make you smile and encourage you to succeed; they lend an ear,

they share a word of praise, and they always want to open their hearts to us. I am very happy to make many friends being involved in Solidarity Nepal.

Lets unite together to create some exciting programs and compete in international arena revealing noble message of Literacy, Peace and Humanity from Nepal.

Regards,
Rajendra Gautam
Founder and President, Solidarity Nepal





स्वर्गिय अस्मिताको सम्झनामा बालबालिकालाई सहयोग



काठमाडौं

जवान छोरीको अल्पायुमै मृत्यु हुनु अनि त्यसले दिएको पिडा झेल्नु, यो भन्दा गाह्रो समय मानिसको जीवनमा कहिल्यै पनि आउदैन होला ! गुल्मी जिल्ला झारखर्क गा.वि.स घर भई हाल काठमाडौंमा बसोबास गर्दै आएका रन बहादुर थापा र हरिकला थापाले सोलिडारिटी नेपालको सहयोगमा १४ जना अति विपन्न वर्गका बालबालिकाहरूलाई खाध्यान तथा आर्थिक सहयोग गरेका छन् । १३ वर्षको अल्पायुमै दुखद निधन भएकी छोरी अस्मिताको पहिलो वार्षिक पुण्य तिथी तथा १५ औं जन्मदिनको अवसर पारी सृजन्सिल बाल सेवा परिवारका बालबालिकालाई सहयोग गरिएको हो ।

पढाइमा निकै बौद्धिक र लगनसिल अस्मिताको गत साल निधन भएको थियो । कार्यक्रममा सोलिडारिटी नेपालका अध्यक्ष राजेन्द्र गौतम, स्वर्गिय अस्मिताका बुबा-

आमा रन बहादुर थापा-हरिकला थापा, साथीहरू र केहि आफन्तजनको उपस्थिति थियो ।

त्यसै गरी छोरीको सम्झनामा थापा दम्पतिले कोश इस्तापना गरी जहेन्दार तथा गरीब बिधाथीलाई छात्रवृत्ति दिने तयारीमा छन् ।

Mission Literacy Project

Mission Literacy is an international level program from Solidarity Nepal which focuses on the basic education for underprivileged children in Rural Areas of Nepal. This is the largest project from Solidarity Nepal in sector of education. This project supports underprivileged children through educational scholarship, uniforms, stationary materials and additional facilities.

This program is associated to building infrastructure and increasing the living and educational standards of different Community Schools in Nepal. Through this project we provide sufficient necessary school materials to underprivileged children and IT infrastructure in classes and impart IT related knowledge to the students and staff. This is five days event; through which we establish a learning center for students by providing them with Learning Materials, Books, Documentary Movies, etc. which will help in child's development. We also setup an audio visual room for the students and teachers. Through this the students and the faculty members can acquire knowledge visually. We hope that this will make the learning sessions more interactive. We train teachers in different topics such as how to maintain the computers that are donated and used by the students and how to make the class more effective. We also give a workshop on the basics of computing to the students. And last but not the least we setup a working computer lab with at least seven computers for the staffs and the students.

We wish to make this project a gateway to other projects and introduce more projects related to IT in the future in different community schools of Nepal with the help of established infrastructure.



CONGRATULATIONS

Solidarity Nepal felicitates
Mr. Rajendra Gautam,

President of
Solidarity Nepal
for

being honored with
**PRESIDENT'S SPECIAL
RECOGNITION**

**AWARD
2011-12**

by Rotaract Club of Kathmandu.



स्वर्गिय मनोजको स्मृतिमा बाल गृहलाई सहयोग

काठमाडौं - साउन -१, मृत्यु निर्विकल्प सत्य

हो । जन्मसँगै मृत्युको आगमन हुन्छ । मृत्युले दिने पिडा सबै भन्दा गाह्रो पिडा हो । बैबाहिक बन्धनमा बाधिएको केहि बर्ष नपुग्दै श्रीमानको दुखद निधन भएपछी बाग्लुङ जिल्ला, सल्यान गा.वि.स वडा नं. ३ स्थाई घर भई हाल लण्डनमा बसोबास गर्दै आएकी सविना खड्का (के.सी) ले आफ्नो स्वर्गिय श्रीमानको स्मृतिमा एक बाल गृहलाई सहयोग गरेकी छन ।

२०६७ साउन २२ गते ३९ बर्षको उमेरमा दुखद निधन भएका श्रीमान स्वर्गिय मनोज के.सी को दोश्रो वार्षिक पुण्य तिथीको अवसर पारी सोलिडारिटी नेपालको सहयोगमा सृजन्सिल बाल सेवा गृहका बालबालिकालाई सौशिक सामग्री तथा स्कुल ब्याग बितरण गरिएको हो ।

हसिलो मुहार अनि चन्चले शोभावका मनोजको दुइ बर्ष अघी लण्डनमा मृत्यु भएको थियो । कार्यक्रममा सोलिडारिटी नेपालका अध्यक्ष राजेन्द्र गौतम, सृजन्सिल बाल सेवा गृहकी अध्यक्ष उमा देवी बस्नेत, समाजसेवी रन बहादुर थापा, हरिकला थापा, अथिति लगायत अनार्थ बालबालिकाहरुको उपस्थिति थियो ।

समाज रुपान्त्रण आफ्नो प्रमुख दायित्व भएको भन्दै, समाज भित्र रहेका अनार्थ, आपड तथा दलित बालबालिकाको हक-हितका निम्ती आफु लागि रहने कार्यक्रममा उपस्थित सोलिडारिटी नेपालका अध्यक्ष राजेन्द्र गौतमले बताए ।

समाज सेवामा युवाहरुको झुकावले परिवर्तनका निम्ती ठुलो टेवा पुग्ने सृजन्सिल बाल सेवा गृहकी अध्यक्ष उमा देवी बस्नेतले थपिन । यस्तै कार्यक्रममा बोल्दै समाजसेवी रन बहादुर थापाले आफ्नो साथ र सहयोग बाल गृहलाई जारी रहेने बताए ।

काठमाडौंमा प्रमुख कार्यालय रहेको सोलिडारिटी नेपालले हाल नेपालका सात जिल्लालाई कार्यक्षेत्र बनाई बिभिन्न सामाजिक कार्यहरु बिस्तार गर्दै आइरहेको छ । मिसन लिट्रेसी नामक अभियानको अभियान कर्ता एस.एनले बाग्लुङ, गुल्मी, कास्की, नवलपरासी, रुपन्देही, सिन्धुपाल्चोक र काठमाडौंमा रहेका विपन्न परिवारका बालबालिकाहरुलाई सहयोगका साथै सरकारी बिधालयहरुमा कम्प्युटर शिक्षा तथा पुस्तकालय निर्माणका निम्ती बिशेष सहयोग गर्दै आइरहेको छ ।

अमेरिका, जापान, युके, अस्ट्रेलिया र क्यानाडामा समेत नेटवर्क रहेको एस.एनले अरु रास्ट्रमा पनि नेटवर्क बिस्तारको प्रयास गरी रहेको छ ।

कार्यक्रममा उपस्थित बालबालिका, समाजसेवी, अथिति लगायत सबैले यस्तो कार्यको प्रशंसा गरेका थिए ।

FUTURE PROJECTS

1. Well-facilitated home with accommodation for 100 underprivileged children.
2. Rehabilitation centre with accommodation for 100 elderly and disabled people.
3. Maternity and Child Delivery Center with the capacity of 5 beds in the rural area of Baglung, Gulmi, Jajarkot, Nuwakot and Rolpa district of Nepal.
4. Provision of Ambulance for the rural area of Baglung District of Nepal for immediate transportation.
5. Professional Development Training Center in Baglung, Gulmi, Kaski, Kathmandu, Nawalprasi, Rupandehi and Sindhupalchok districts of Nepal.

Past Projects

1. Educational scholarship to underprivileged children in different community schools of Baglung, Gulmi, Kaski, Kathmandu, Nawalprasi, Parbat, Rupandehi and Sindhupalchok districts of Nepal.
2. Financial and Technical support to the helpless children of different Orphan House and Children Centers in Kathmandu.
3. Computer donation, Library & Audio Visual Room Setup and organized Extra Curricular Activities for the Overall Development of School Children in the Community Schools in Rural Areas of Nepal.
4. Organized various awareness and field based programs related with Education, Health, Development, Human Rights, and Environmental issues.
5. Honored individuals and organizations who have contributed significantly and meaningfully in the fields of Education & Empowerment, Health & Social Care, Community & Rural Development, Human Rights, and Environmental issues in society.



Lumbini & Buddha

Lumbini, the birth place of Lord Buddha, is situated about 22 km. from Bhairahawa, below the Churia range, 24 km. south from the foothills of the Himalayas, on the western bank of Telar river in Rupandehi district of Lumbini zone in Nepal. It is about 300 km. west of capital city Kathmandu. Kapilvastu, Rupandehi and Nawalparasi Terai districts of Lumbini Zone are around Lumbini, the birth place of Lord Buddha, which are fertile and densely populated.



It is about 34 km. from Naugarh Railway Station on the North-Eastern Railway of India. Buddha, Known as the Lord of Asia, was born in Lumbini during the full moon day in the month of Baisakh in 623 BC. He was born under a sal (Shorea robusta) tree when Mayadevi was going to her maternal town on the occasion of delivery.



Supporting Visit Lumbini Year 2012

LORD BUDDHA

In general, 'Buddha' means 'Awakened One', someone who has awakened from the sleep of ignorance and sees things as they really are. A Buddha is a person who is completely free from all faults and mental obstructions. There are many people who have become Buddhas in the past, and many people will become Buddhas in the future.. There is nothing that Buddha does not know. Because he has awakened from the sleep of ignorance and has removed all obstructions from his mind, he knows everything of the past, present, and future, directly and simultaneously. Moreover, Buddha has great compassion which is completely impartial, embracing all living beings without discrimination. He benefits all living beings without exception by emanating various forms throughout the universe, and by bestowing his blessings on their minds. Through receiving Buddha's blessings, all being, even the lowliest animals, sometimes develop peaceful and virtuous states of mind. Eventually, through meeting an emanation of Buddha in the form of a Spiritual Guide, everyone will have the opportunity to enter the path to liberation and



enlightenment.

It is impossible to describe all the good qualities of a Buddha. A Buddha's compassion, wisdom, and power are completely beyond conception. With nothing left to obscure his mind, he sees all phenomena throughout the universe as clearly as he sees a jewel held in the palm of his hand. Through the force of his or her compassion, a Buddha spontaneously does whatever is appropriate to benefit others. He has no need to think about what is the best way to help living beings - he naturally and effortlessly acts in the most beneficial way. Just as the sun does not need to motivate itself to radiate light and heat but does so simply because light and heat are its very nature, so a Buddha does not need to motivate himself to benefit others but does so simply because being beneficial is his very nature.

Support Our Children in Sindhupalchok District



Sunil Baniya



Safal Tamang



Sunita Tamang



Radhika Kunwar



Deepak Shrestha



Sumitra Sapkota



Bala Shrestha



Rina Shrestha



Manisha Shrestha



Subash Dhungana



Sujana Dhungana



Binod Baniya



Ishwor Dungal

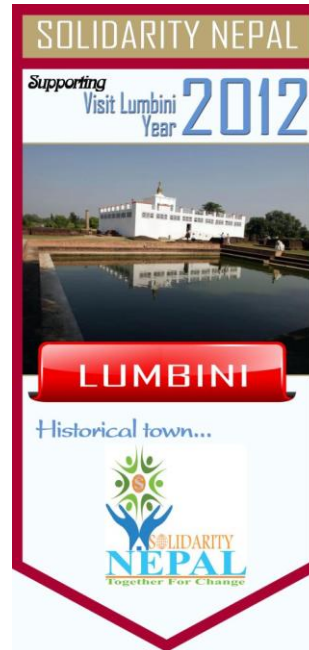


Sayam Shahi



Rajendra Dungal

Supporting Visit Lumbini Year 2012



As part of its ongoing commitment towards tourism development, the government of Nepal has declared the year 2012 as a "Visit Lumbini Year".

The successful completion of campaign, Nepal Tourism Year 2011 has given clearly two messages to the world: one, Nepal has come to peaceful and stable situation after a decade long political uncertainty; and another, tourism has been unanimously regarded as a vehicle of economic transformation.

After the successful completion of Nepal Tourism Year 2011, Nepal is celebrating yet another event – Visit Lumbini Year 2012.

The reason behind celebrating VLY is to unite the world to work towards creating a peaceful society through the Buddha's peace message; and to make the birthplace of Buddha a centre of global attraction.

Lumbini is located in the southern part of Nepal, and can be reached by plane, private vehicle or public bus. It is the birthplace of Buddha, popular for the pilgrimage tour and can be visited throughout the year.

Solidarity Nepal is supporting this event to promote the tourism industry of Nepal.

There are several hotels found in Lumbini, and different kinds of food are also available there. You can visit as per you wish.

There will be lots of attraction and events going on for the tourists in the Visit Lumbini Year 2012. Therefore, it is wise to visit Lumbini in 2012 to experience the highlights offered by the **Lumbini Visit Year 2012**. This could be a lifetime experience of your Nepal visit, and you shouldn't miss it!

SPECIAL AREA PROJECT OF SOLIDARITY NEPAL

Special Area Project (SAP) is one of the core areas of Solidarity Nepal that includes various programs related with Human Rights, Water Supply and Traffic Awareness.

We respect human rights in our operations, not just because doing so fosters a stable social environment, but more importantly, because it is the right and responsible thing to do.

Similarly, we are working for Water Supply projects in various rural areas of Nepal to solve safe drinking water problem. And Traffic Awareness campaign in urban area to protect people from road accidents.

Advisors



Mr. Dhruba Subedi (Nepal)



Mr. Dipendra Gautam (U.S.A)



SN President, Mr. Rajendra Gautam with Rtn. Dinesh Raj Sharma, Immediate Past President of Rotary Club of Kathmandu.



Mrs. Kamala Poudel (Australia)

Donate

Our Bank Account:

Solidarity Nepal
Tourism Development Bank LTD
AC NO.010 010000014401

SUPPORT OUR CHILDREN IN KATHMANDU



To be continued in next issue...

UPCOMING EVENTS:

- Children Support Program: Shree Indrachowk Primary School, Bishukharka, Gulmi, Nepal
- Food Distribution Program: Aama Ko Ghar, Soaltee Mode, Ravi Bhawan, Kathmandu, Nepal
- Food and Stationery Distribution Program: Srijansil Welfare Center, Kathmandu, Nepal
- Mission Literacy Project: Shree Harrachour Secondary School, Shantipur, Gulmi, Nepal - Ongoing

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